AMENDMENTS TO THE SPECIFICATION

Please amend the Specification as follows:

Please delete the paragraph beginning on line 1 of page 8.

Please replace the paragraph beginning on line 18 of page 9 with the following amended paragraph:

The user computer 105 is conventional. The user computer 105 may be any type of computing device that allows a consumer to interactively browse Web sites on the World Wide Web via a Web browser. For example, the user computer 105 may be a personal computer (PC) that runs an operating system, such as a MICROSOFT WINDOWS a Windows operating system, an APPLE Apple computer, that runs an APPLE Apple operating system, a Web appliance, a hand held computer, or even a telephone. The user computer 105 typically includes a Web browser 120, such as MICROSOFT's INTERNET EXPLORER Microsoft's Internet Explorer, which uses the HTTP protocol to communicate with Web servers. As is well known, the Web browser 120 can request, receive, and display Web documents 125 as well as other data entities, such as audio, video, and/or image documents. If printing of Web documents or other documents is desired, then the user computer 105 may also include a printer 130.

Please replace the paragraph beginning on line 9 of page 12 with the following amended paragraph:

One table in the database shown in Figure 1B is the "Clients" table. This table can be utilized to store information about Lock-In Training clients. Typical clients may include employers, training institutions, elementary schools, middle schools, high schools, colleges, government agencies, and military branches, among others. The "Clients" table shown in Figure 1B contains a primary key, "ClientID." The "Clients" table contains three columns. The first column.

"ClientName," can store the name of a client, such as "IBM," "Starbucks," "STARBUCKS," "Palo Alto School System," etc. The second column, "SessionDays," can store the number of days of training that a student must take to fully complete a Lock-In Training session or course. For example, a session that includes three days of training could have "SessionDays" set to three. Alternatively, a session that takes four days to complete could have "SessionDays" set to four. Lower values of "SessionDays" require less student time, while higher values of "SessionDays" ensure higher retention of learned materials. Depending upon client preferences, a client can specify, via "SessionDays," the desired number of training days for courses or sessions taken by the client's students. The third column, "DaySessions," can be used to control the training sequence of several multi-day sessions. For example, a Lock-In Training course may include three sessions, such as sessions A, B and C, each of which are taken over a number of days. For such a course, a "DaySessions" value of two could indicate that a student must complete the first training day of sessions A and B before taking the second training day of either session A or session B. However, the student could take the first training day of session C before taking any training days of either session A or B. On the other hand, if the "Day Sessions" value was three, then the student could not take the second training day of sessions A, B, or C until the student has completed the first training day of sessions A, B, and C. Similarly, if the "Day Sessions" value was zero, then a student could take all of the training days of session A before taking any days of sessions B or C.

Please replace the paragraph beginning on line 9 of page 23 with the following amended paragraph:

In some embodiments of the invention, the graphical user interface of Web document 200 may be based upon data stored in a database. For example, if a user's "ClientID" is Starbucks STARBUCKS, the "Client Profiles" table of the database of Figure 1B may be accessed, using the Starbuck's STARBUCK'S "ClientID." As a result, the computer program 145 can retrieve one or more

graphic images, image locations, background images, custom color schemes, custom fonts, custom font sizes, custom text, and/or other graphical user interface elements that are unique to Starbucks-STARBUCKS. Then, the graphical user interface of Web document 200, and optionally other Web documents, may include some or all of the retrieved graphical user interface element(s). Similarly, if the user's "ClientID" is IBM, then the graphical user interface of Web document 200 and following Web documents may include graphical user interface elements that are unique to IBM.

Please replace the paragraph beginning on line 11 of page 49 with the following amended paragraph:

Another embodiment of the invention is a stand along computer system that allows a student user to take a Lock-In Training course without being coupled to another computer. One example of such a computer system is shown in Figure 23. The computer system 2300 shown in Figure 23 includes a computer 2310. Examples of such computers include personal computers currently manufactured by Dell Computer Corporation, International Business Machines, Hewlett-Packard Company, and Apple Computer Corporation DELL COMPUTER CORPORATION, INTERNATIONAL BUSINESS MACHINES, HEWLETT-PACKARD COMPANY and APPLE COMPUTER.

Please replace the paragraph beginning on line 17 of page 50 with the following amended paragraph:

The computer 2310 may also include a number of other subsystems that are typical in modern computers. For example, the computer 2310 may include a network device 2375, such as an Ethernet card or a modern, that is operable to transfer data to and from other computer systems and/or servers. In addition, the computer 2310 may include one or more program storage devices, such as Random Access Memory (RAM) 2380, a floppy disk drive 2385, a hard disk drive 2387, a CD disk drive 2390, and/or a DVD disk drive 2395. Additional

program storage devices include flash memory (not shown), floppy disks (not shown), CDROM disks (not shown), and DVD disks (not shown). Each of the above program storage devices can be utilized to store computer programs, databases, audio streams, movies, and/or images. In some embodiments of the invention, the computer 2310 is running an operating system such as a MICROSOFT WINDOWS Windows operating system, a UNIX Unix operating system, a LINUX Linux operating system, or an APPLE Apple operating system.

Please replace the paragraph beginning on line 11 of page 51 with the following amended paragraph:

The computer programs may include or reference one or more Lock-In Training courses, each of which may include a number of sessions, parts, questions, and answers. In addition, the computer programs may include or reference movies, audio streams, and/or images to ensure appropriate time intervals between question answers. The computer programs include computer instructions, that when executed by computer 2310, allow the user to take one or more Lock-In Training courses, each of which include one or more Introductory rounds and/or Retention rounds. Thus, the computer programs, when executed by the computer 2310 typically display computer screens, such as those shown in Figures 2 through 22 on the computer monitor 2350. The computer program may generate and/or display Web documents. Alternatively, the computer program may display windows that have similar functionality without using HTTP protocols. For example, the computer program may be a Microsoft Windows based C++ program that utilizes graphical routines such as DIRECTX DirectX or OPENGL OpenGL graphics routines to display text and graphics on computer monitor 2350